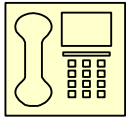


## HOW THE NSAAA CAN HELP YOU

### HELPLINE - (01782) 627002

*Monday to Friday - 10.00am to 5.00pm*



If you need someone to talk to or are seeking advice please ring our Help Line on: (01782) 627002

Our Helpline co-ordinator, will listen to your concerns, signpost you to other services and will be there to support you.

Alternatively, you can email us on [info@nsaaa.co.uk](mailto:info@nsaaa.co.uk) or call into the resource centre during opening hours.

### LIBRARY

The library in the office currently holds 450 books on Autism and Asperger's Syndrome and in addition there are videos and DVD's.

These are available for loan to members. Each member can borrow 3 books at any one time for a period of 1 month. All that is required is that you leave a £5 per book deposit (this is refunded to you on return of the book(s)).

There is a 'fine' system in place for book(s) returned late or that are lost.

### SOCIAL, COMPUTER AND YOUTH CLUBS

Further details on the activities of these clubs can be seen on the enclosed calendar in this newsletter or our website: [www.nsaaa.co.uk](http://www.nsaaa.co.uk).

At our resource centre, the **Computer Club** is held on the 2<sup>nd</sup> Wednesday of each month and the **Youth Club** is held on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays of the month.

'**A Dudes**' is our under 16's social club which meets (on average) twice a month.

All clubs are informal and encourage members to mix on an informal basis. During most sessions volunteers may be present to assist.

### SUPPORT GROUPS

**Adult, parent and carer support groups** are held on the first Wednesday of each month, at the resource centre: (10am - 12 noon or 7pm - 9pm).

Refreshments are available and a volunteer will be present to provide additional support. You will also be able to access our library and toy library.

If you have any ideas as to how we could support you more in these sessions please let us know. We will try to accommodate any suggestions - if we have the resources and the know how!

If you know of any group which would benefit from an '**Autism Awareness Talk**' please contact the resource centre. We are keen to get out and about to raise awareness in the local area. We can also attend other group meetings for a chat or to share experiences. We are able to take samples from our extensive library out to local schools and organisations.

### OTHER ORGANISATIONS THAT CAN HELP YOU

(we will feature a different one in each newsletter)

#### PARENT PARTNERSHIP SERVICE

Parent Partnership Services can be found in Stoke-on-Trent and Staffordshire. The service provides confidential information about special educational needs to parents/carers. They work to develop closer links between parents/carers, early years settings and schools, education and social services departments of each council, voluntary organisations and other professionals. Both services operate telephone help lines and organise information events within their area.

Contact details: Stoke-on-Trent: (01782) 234701      Staffordshire: (01785) 356921



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